

Altrusa Tidings

Volume 46, Issue 4 October 2014

2013-2014 Board of Directors

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| What's Inside? | |
|-----------------------|-------|
| President's Message | 1 |
| Project Preview | 2-4 |
| Project Report | 4-8 |
| Committee Report | 9 |
| Board Actions | 10 |
| Meeting Preview | 8 |
| Meeting Report | 8 |
| Club Calendar | 14 |
| District Nine News | 12 |
| International News | 3 |
| Int'l Foundation News | 10 |
| Altrusa Accent | 11 |
| Member Highlights | 4 |
| United Nations Day | 13 |
| World Food Day | 13 |
| In the Media | 10-11 |

President's Message

OUR STRENGTHS: MEMBERSHIP AND COMMITTMENT

The Outstanding Women of Today Awards Luncheon is just a few days away. I think of the talented women, both seasoned as well as new members, working tirelessly to bring together this very important event for our club. Even though the Luncheon is an important fundraiser, it is also a nucleus for new members. This year's event will be different in that Marsha Peters will be the Keynote Speaker, talking about Altrusa. In past years, we worked so hard to not make the event look like a sales pitch for membership that we may have missed chances to recruit. With missed recruitment opportunities in mind, I decided this would be a great time to discuss membership.

Looking around the room at the Luncheon, we will see a diversity of women. In the Strategic Plan for our club, under Membership, one of the goals is to "develop plans to increase diversity, including ethnicity and age." Have we met this goal in our club's membership? Luncheon committee members do a great job in following up with our nominees after the event, but what about other attendees? What more can each of us do to increase diversity in our club? We should be proud to be Altrusans and proud of what our club does in the community it serves. Do we, as members, talk to other women about Altrusa? Does each member make every effort to recruit at least one member? Our newest members have shown to be active. with great ideas for new service projects. Hopefully, the trend of new active members will continue.

Our club is dynamic both in women and projects. The Outstanding Women of Today Luncheon is an excellent example of the dynamic forces of our club. If we could just keep this force going and keep our members actively involved throughout the year, it would simply be amazing. Altrusa Richardson is the largest Altrusa club. Not only are we the largest, but we are also a club most committed to service. Then why

are we having problems getting volunteers for some of our service projects?

In recent months, attendance at our business and dinner meetings has dropped. I am wondering why this is happening. What can we



do to make sure this trend does not continue? If we notice that a member has not been attending meetings, we should reach out to her and ask why. At our October dinner meeting, Jill Darling of the Richardson Independent School District presented RTime. She was a dynamic speaker who had everyone involved in her presentation. It was truly an interesting program that involved behaviors not only in children, but also in adults. Guests and members in attendance expressed their appreciation for her program. Unfortunately, this dinner meeting was the lowest in attendance...how disappointing. It is especially disappointing to a guest speaker who is excited to come and share her message to an organization such as ours. Think how great it would have been to have had a full house for this terrific speaker!

Attending and participating in meetings is what keeps a club strong. To keep Altrusa Richardson strong, every member should make the effort to attend at least one meeting a month. We all have pet service committees, I know I do, but if we all made the effort to commit to two service committees and actively participate in them, imagine how strong a club we would be. Let us all commit to keep the strength of Altrusa Richardson going by participating in meetings and growing our membership with committed, active women.

Gloria Sandoval 2014-2015 President gloria.altrusa@verizon.net



Dancing to the Altrusa Rhythm... Let's Keep Moving!

Altrusa Tidings

Project Preview

ALTRUSA WINE AND CHOCOLATE LITERARY SOCIETY READS ON AND ON!

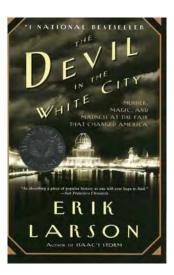
By Christine Hart, Membership Retention Committee

Altrusa Richardson's book club, also known as the Altrusa Wine and Chocolate Literary Society or AWCLS, meets on the fourth Monday of every month at Friends Place, 1960 Nantucket Drive in Richardson. We begin at 6:00 PM and end by 7:30 PM.

Mary Osentowski did a fantastic job leading the discussion of I Am Malala, the remarkable tale of a family uprooted by global terrorism, of the fight for girls' education, of a father who, himself a school owner, championed and encouraged his daughter to write and attend school, and of brave parents who have a fierce love for their daughter in a society that prizes sons. Check it out at the Richardson Public Library for one of your Fall reads.

The Richardson City Council thanks all members and supporters of Altrusa who LEAD LOUDLY and SERVE PROUDLY in our community! RICHARDSON Council Members pictured from left to right: Mitchell, Paul Voelker, Mayor Pro Tem Bob Townsend, or Laura Maczka, Mark Solomon, Scott Dunn and Kendal Hartley

On Monday, October 27, Gerry Caron will lead the discussion of Devil in the White City by Erik Larson. Larson—author of #1 bestseller In the Garden of Beasts—intertwines the true tale of the 1893 World's Fair and the cunning serial killer who used the fair to lure his victims to their death. Combining meticulous research with nail-biting



storytelling, Erik Larson has crafted a narrative with all the wonder of newly discovered history and the thrills of the best fiction.

If you're reading ahead:

Our November 24 book selection is The Language of Flowers by Vanessa Diffenbaugh. This selection is a New York Times Best Seller. The Victorian language of flowers was used to convey romantic expressions: honeysuckle for devotion, asters for patience, and red roses for love. But for Victoria Jones, it's been more useful in communicating mistrust and solitude. After a childhood spent in the foster-care system, she is unable to get close to anybody, and her only connection to the world is through flowers and their meanings. Now 18 years old and emancipated from the system with nowhere to go, Victoria realizes she has a gift for helping others through the flowers she chooses for them. But an unexpected encounter with a mysterious stranger has her questioning what's been missing in her life. And when she's forced to confront a painful secret from her past, she must decide whether it's worth risking everything for a second chance at happiness.

You do not need to have read the book to participate. We do ask that you register on the Altrusa web site so we know how many are coming. Please bring snacks, chocolate or wine to share. We always have a great time!

HAPPY READING!!!!!!!

Project Preview

HOPE'S DOOR KITCHEN SHOWER TO BE PART OF BOUNTIFUL HARVEST PROJECT

For the District Nine Fall Leadership Event (November 15 in Allen), Altrusa Clubs have been invited to be part of the Bountiful Harvest service project. A wide variety of "stuff" has been requested, including plastic grocery bags, old catalogs, and more. We have asked for donations of gently used kitchen items for our Kitchen Shower benefiting Hope's Door. The shower is intended to provide kitchen items to create a more homelike atmosphere for those living at the shelter.

A number of items have already been donated at our club meetings, but it is not too late to clean out kitchen cupboards and bring surplus equipment to our November business meeting.

Items to be collected at the Fall Leadership Event include:

- Construction paper (Collin County)
- ♦ New holiday cards (Lubbock)
- ♦ Recycled holiday cards (Collin County)
- ♦ Glue sticks, yarn, popsicle sticks (Collin Co.)
- Box Tops for Education (SW Dallas Co., Denton)
- ♦ Snack/chip bags (Pampa)
- ♦ Campbell Soup labels (Denton)
- ♦ Recyclable shopping bags (Temple)
- ♦ Plastic grocery bags (Denton)
- Manufacturer's coupons (Denton)
- ♦ Old catalogs (Denton)
- Audiobook CDs and cassettes with matching paper
- ♦ Books for grades K-5 (Downtown Dallas)
- Sample size lotions and after shaves (Sherman)

Altrusa International of Richardson Community Outreach Committee



offers you a reason to de-clutter your kitchen drawers and cabinets!



Because we are throwing a







This shower is intended to provide items to create a more homelike atmosphere for those temporarily living at the shelter.



Bring your gently used items to any of the meetings in September and October, or contact Susan Fischer at 214-558-0130 or fischergop@sbcglobal.net



Presentation of our donations will be at the October dinner meeting.

Hope's door is an emergency shelter and counseling center serving Collin County and Dallas County since 1986. Hope's door offers safety, shelter, help and hope to individuals and families affected by domestic violence. Services are designed to help every one who is affected – from victim to abuser. All services are free of charge and strictly confidential.

International News

ALTRUSA INTERNATIONAL REVISES REPORTING OF Madd Projects

From The Altrusa Compass, Vol. 1, Issue 2

Altrusans will join millions of volunteers around the world on October 25, 2014, to make a difference in our communities. Many Altrusa Clubs do literacy-based projects but that is NOT a requirement. Provide the service your community needs and if you cannot do it on Saturday, do it anyway!

In order to streamline administrative reporting requirements, pre-registration of your project has been discontinued. Your Club's information will be collected with a brief survey to be distributed to Club Presidents. We will summarize the information and CELEBRATE Altrusans in



action. Please send project pictures to <u>altrusa@altrusa.org.</u> Include photo releases if applicable.

Altrusa International does not meet current requirements for award consideration. Your Club projects might. Visit makeadifferenceday.com for information about how you can enter your project for award consideration.

Project Preview

TRICK OR TREAT FOR UNICEF

By Jane Tucker, International Relations Committee Co-Chair

To celebrate United Nations Day this October, the International Relations Committee is planning to collect for UNICEF at the October 16 dinner meeting. Trick or Treat boxes will be conveniently located at each dinner table to allow Altrusa members and guests an opportunity to donate change to an organization that will use the money to help prevent children from needlessly dying from preventable illnesses. Currently UNICEF is working with children affected by the Ebola crisis. Southern Guinea has had reported cases of Ebola and health supplies have been rushed in by UNICEF to help in the most affected areas. By providing vaccines and insecticide

-treated bed nets, donating to emergency relief efforts following natural disasters, and promoting clean water and sanitation, UNICEF strives to

use 91% of every dollar to directly assist children around the

The International Relations Committee hopes members will join in the fun of "Trick or Treating" and remember to bring loose change to the dinner meeting. By doing so, you will be helping to save the lives of children all over the world.



ALTRUSANS DONATE JOURNALS TO "PROJECT POSITIVE"

By Jane Tucker, International Relations Committee Co-Chair

During the past two months, the International Relations Committee has been collecting journals from members to donate to The Counseling Place as a means of celebrating the

2014 United Nations International Youth Day's theme of "Youth and Mental Health". Sixty journals were donated and delivered to project director Irene Pough on September 25, just in time to be used in a new "Project Positive" class.

The program uses a workbook which was published with funds provided by Altrusa Richardson last year. Through exercises in the workbook and journaling, participants learn about their emotional intelligence and how to deal with emotions that trigger irrational thoughts and feelings. This is an ideal means to help youths overcome the



Irene Pough, Project Positive program director, with journals.

problems they face, and receive help through a tailor-made program to teach how meaningful life is and the importance of developing positive relationships with others.

Member Highlights

ALTRUSAN BRENDA DUCKETT IS IN THE NEWS

From neighborsgo, September 26, 2014

neighborsgo.com

Community METHODIST RICHARDSON MEDICAL CENTER

Foundation recognizes Heritage Society members

SUBMITTED STORY

The Methodist Richardson Medical Center Foundation honored members of its Heritage Society at a luncheon Sept. 10. The luncheon, held at the Renaissance Hotel, was an opportunity for the foundation to thank members for their support of the hospital and to give them an update on programs that they have helped to fund.

The Heritage Society was established in 1999 to offer donors the opportunity to create a personal legacy to benefit health care in North Texas. The society's membership is composed of philanthropic individuals who have donated \$25,000 or more through cumulative gifts, an estate, or through qualifying planned gifts.

In addition to a presentation by Methodist Richardson President E. Kenneth Hutchenrider about the recent opening of the new 125-bed hospital at the Bush/Renner campus and plans for the facility at the Campbell campus, attendees were also given the opportunity to interact with staff from various de-



Photo submitted by JOE BROWN/Methodist Health System

partments throughout the hospital, including the Cancer Center, surgery, cardiology and the auxiliary program.

This year's program also included the induction of Robert and Jean Macy into the Heritage Society. The Macvs are longtime supporters of the hospital. In addition to serving on the Methodist Richardson Medical Center Foundation

Board of Directors, Robert Macy also volunteers as a chaplain.

The Methodist

Medical Center

President Bren-

(left), congrat-

ulates Legacy

Award recipi-

ents Bob and

Jean Macy.

Richardson

Foundation

da Duckett

Heritage Society members have donated more than \$3,250,000 since the society was established.

Sydney Plant contributes to neighborsgo on behalf of the Methodist Richardson Medical Center Foundation.

Altrusa Tidings

Project Report

ALTRUSANS ENJOY TRIP WITH 4TH GRADERS TO PEROT MUSEUM

By Hazel Weathers and Jan Flesch, Education Committee

Hazel Weathers wrote:

On Tuesday, September 23, Altrusa sponsored a field trip to the Perot Museum for the four classes of fourth-graders from Terrace Elementary School. Two buses arrived at the school at 9:00 AM to take the students on an adventure in curiosity stimulation in the revolutionary Perot Museum of Nature and Science in Downtown Dallas. During the next five hours, the students toured the five floors of the state-of-the-art museum and saw everything from dinosaurs and fossils to robots and digital electronics. Almost all the exhibits were hands-on. Students experienced how an earthquake feels, stroked different animal furs, and raced a Tyrannosaurus rex. The Bio lab (see attached pictures) was the highlight for our young scientists who conducted lab analysis of cheek cells from inside their own mouths and experiments to isolate DNA in wheat germ.

Two Altrusans, **Jan Flesch** and **Hazel Weathers**, personally chaperoned a group of five very sweet kids. At the end of the day, Jan treated them to a custard dessert before boarding the bus which made for a sweet ending to a very special day.

Jan Flesch wrote:

Hazel Weathers and I chaperoned five wonderful fourth-graders to the Perot Museum on September 23. The students were phenomenal and couldn't have been more mannerly, attentive, excited, and full of fun. There were three girls and two boys in our group, and I know that at least four of them are going to be future scientists as that was their favorite part of the

trip—they did experiments in the pseudo lab and, after viewing a few other exhibits, asked to go back to the lab. The adults in charge were very impressed with "our" students and glanced at us as if to say, "Wow! We've never had children that were as impressive as our group." One of our girls has a fear of birds and the pigeons nibbling crumbs in the courtyard during lunch made her jump and squeal; we had a very exciting lunch experience. Another exciting part of our trip was the elevator to the exhibition floors—the students loved going up and down and seeing the "works" through the open glass sides. Our bus driver was great, the Perot volunteers were gracious, knowledgeable, and helpful, I really had a great time with the students and with Hazel; several parent volunteers were also on the bus with us and none of us misplaced any of our charges. Thanks for the experience!!!!







Project Report

ALTRUSANS AGAIN ASSIST WITH WALK TO END ALZHEIMER'S®

By Alma Benoit, Seniors Committee

From the Alzheimer's Association website: "The Alzheimer's Association Walk to End Alzheimer's® is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Held annually in more than 600 communities nationwide, this inspiring event calls on participants of all ages and abilities to reclaim the future for millions. Together, we can end Alzheimer's disease, the nation's sixth-leading cause of death."

At 6:30 AM, Saturday, September 6, Altrusans Diane Davidson, Elizabeth Smith, Jan Flesch, Norma Hammerlund, Gloria Sandoval, Debbie Simms, Alma Benoit, and Altrouser Isaac Sandoval arrived at Frisco Square ready to register walkers participating in the Collin County Walk to End Alzheimer's®. The weather was beautiful, as was the spirit of all participants and volunteers. We were impressed with the enthusiasm and dedication of the Alzheimer's Association staff and they were in turn impressed with our eagerness and ability to expeditiously move participants through the registration process. As one staff member put it: "Thanks for cannon-balling it!" in reference to our getting in there and registering the larger-than-lastyear number of participants—with which the staff was delightfully surprised!

Another staff member commented that the continuity of having Altrusans handle registration every year is a great asset and contributes to the success of the event. We know the process and improve upon it yearly. A senior staff member said that she looked out and saw LOTS of people in line and "you did an amazing job of registering all of them".

Although it is gratifying to receive compliments on the work you are doing and know that it is appreciated, for Altrusans, assisting an organization that is battling



this most destructive and debilitating illness is our greatest reward.

Dancing (in this case walking) to the Altrusa Rhythm...Let's Get Moving!



Above, front row (L-R) Alma Benoit, Diane Davidson, Jan Flesch; back row (L-R) Elizabeth Smith, Gloria Sandoval, Isaac Sandoval, Debbie Simms, and Norma Hammerlund.

Below: Our crew at work, registering the walkers.





Project Report

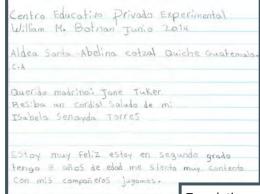
A LETTER AND DRAWING FROM OUR STUDENT IN GUATEMALA

Senayda Isabela Torres Medina is the second student we have sponsored in the last ten years through HELPS International.

The money we donate is essentially a dollar a day (\$350) to provide schooling to this child who otherwise would not get the opportunity of an education.







Gracias un abroso te cuidas.

Atentomente F. Senayda Isabel Torres

Translation:

I am happy I am in second grade I am 8 years old I am very happy with my friends playing.

Thanks hugs take care Best regards Senayda Isabel Torres



August 31, 2014

Jane Tucker Alstrusa P.O. Box 832101 Richardson, TX 75083

Dear Jane

Earlier this summer I participated in a teacher in-service in Santa Avelina with an emphasis on reading. We took down the second series of Ixil books and again it was a thrill to see the teachers holding the actual books they had created. By the next day the children were using them and consultants guided the teachers in planning lessons based on the books. On our last day the parents were invited to a little play about ducks, to illustrate using the books as a starting point for further creativity.

The school year is going along well under the leadership of María Zaida Garcia Rodriguez, the former fourth grade teacher who is now the director of the school. Another change is the new early childhood building, constructed and paid for by the PTO. Although the children play on woven mats over a tarp - it still needs a cement floor, furniture and electricity - it is great to have this new space and to have the PTO take the lead in making it happen.

On the day we left Santa Avelina, we stopped to see the older children at Colegio Metodista Utatlan in Quiche, during their mid morning recess. The students always seem to appreciate that we make an effort to see them. One of our boys will be graduating on October 29 to pursue a career in accounting.

Many of you have links with folks who are interested in helping to provide specific tangible items. Besides furnishing the early childhood building, there is a need for a projector to link up with a computer to show images on a screen. The ceiling mounted one in the computer lab needs to be replaced with a more portable model.

My sincere thanks for your part in making these educational opportunities available. Parents stopped by the school with bananas that were really gratitude gifts for you.

Laugh Weeks Rosten

Cheryl Weeks-Rosten Director of PEPKIDS (Partners in Education Program) cwrosten@gmail.com

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Project Report

ALTRUSANS WERE USHERS AT RROB AUTHOR LECTURE

By Donna Buhr, Community Outreach Committee Co-Chair

Richardson Altrusans served as ushers for the Richardson Reads One Book (RROB) Author Lecture. The free public event was held on September 23 at the Richardson High School where the volunteers acted as official ushers.

Each year, the Richardson Public Library hosts the Richardson Reads One Book program, encouraging everyone in the community to read the same book over the summer and to come together to openly discuss the book and the issues it raises. This year's selection was **Mr. Penumbra's 24-Hour Bookstore** by Robin Sloan.

The Altrusa volunteers were invited to attend the Author Reception prior to the lecture where they were able to meet Mr. Sloan. The Richardson Reads One Book Directors have come to depend on the Altrusa Community Outreach Committee to facilitate this important service for the annual event. The co–chairs for this year's event were **Jean Stuart** and **Cindy Murray**.



Project Report

WE LEARNED ABOUT EACH OTHER AT FALL ORIENTATION

By Bobbi Klein, Membership Recruitment Committee Chair

Nancy Rohm, the "hostess with the mostest" hosted 18 Altrusans and three guests at Fall Orientation in her home. After a very tasty brunch buffet, several questions were posed and those who fit the criteria were asked to stand. This allowed us to find out a little about everyone in the room. It was not surprising that there were a lot of oldest children. Only a few were native to Texas, but several of us had been here more than 20 years. Nearly half of us were past presidents. It was fun to find out things that we didn't know about each other.

Then we shared some time learning more about Altrusa service committees and what they are up to this year. Our guests had some great questions, too. Hopefully, we will have at least one guest who will decide to become one of us. Another guest was former Altrusan, **Sebrena Bohnsak**, who had stopped by to pick up invitations to OWT, because she is a nominee. It was fun doing some catching up with her, too.

As usual, a good time was had by all. See you at Spring Orientation, March 21, 2015.

Meeting Report SUSAN ALLISON WAS SEPT. 18 GUEST



Susan Allison, Director of Library Services, Richardson Public Library, was our guest at the September dinner meeting. Susan, a former Richardson Altrusan, led us in activities related to the 2014 Richardson Reads One Book selection, Mr. Penumbra's 24 Hour Bookstore, by Robin Sloan.

Meeting Preview JILL DARLING TO SPEAK ON RTIME OCT. 16



Jill Darling,, RISD Student Assistance Program Director, will talk about "RTime." RISD was the first school district in the US to implement the program, which has been used in England since 2002. RTime is an acronym for Relationships to Improve Education.

Committee Report

OUTREACH COMMITTEE CONTINUES TO REACH OUT IN A BIG WAY!

By Donna Buhr, Community Outreach Committee Co-Chair

Santa Project for NETWORK

Altrusa is playing Santa early this year to help those less fortunate by organizing a toy drive to benefit NETWORK of Community Ministries. This year the NETWORK Santa Program is called "Toyland Express" where parents that cannot afford toys for their children will "shop" from November 3 through December 5, 2014. This Toyland Express program allows parents to select the toys they know their children will most want. The new, unwrapped toys must be delivered to NETWORK by October 18 so the toys will be available in the Toyland Express store by November 3, which means we need to get in the spirit of giving a bit earlier than expected this holiday season. Please consider participating in this optional project by bringing a new, unwrapped toy to one



of the October club meetings. Thank you in advance for your generosity in helping make a child's holiday a little brighter this year. Co-chairs: **Christine Hart** and **Donna Buhr**

NETWORK Personal Care Item Collection

Altrusans Janice Swallow and Donna Buhr shopped on Saturday, September 20, for much-needed personal care items for NETWORK clients and the committee will soon deliver these items to

NETWORK. Co-chairs: Pam
Johnson and Janice Swallow



NETWORK Fall Book Collection

On Monday, October 13, Altrusans will meet to collect unsold books from the Friends of the Library Used Book Sale. Friends of the Library holds Spring and Fall book sales and allows Altrusa to have a first choice selection of the unsold books on the Monday after the sale. Altrusans deliver age-appropriate books to NETWORK for children and seniors. Cochairs: Jane Merz and Samanthia Slaight

CACCC Teddy Bear Ride

The Annual Teddy Bear Ride (Sunday, October 26, at IKEA in Frisco) generates much needed funds and lovable teddy bears to provide safety, healing and justice for the abused and neglected children of Collin County. Co-chairs: Janice Swallow, Jan Skinner and Kay George



Community Outreach Committee has designated November as the month to give special attention to helping animals, and thanks to Sandy Martin, we have a wonderful jump start for the projects. Sandy secured a very generous donation for \$250 to purchase pet food for NETWORK. Please watch for an upcoming Tidings article with all the wonderful details about the donation.

NETWORK Pet Food Collection

We plan to provide pet food to NETWORK. Often those same "families who don't know where they will get their next meal" have beloved family pets that also need food; therefore, the Community Outreach Committee will donate canned pet food to NETWORK. Co-chairs: **Jean Stuart**, **Sarah Nesbit**, and **Sandy Martin**

Richardson City Wide Pet Day

Altrusans will assist AnimaLuv in the annual fundraising event on Saturday, November 8, at Huffhines Park. AnimaLuv supports the City of Richardson's Animal Shelter and focuses on increasing the pet adoption rate and providing Shelter needs that go beyond the City's budgeted funding. Cochairs: Jean Stuart and Sarah Nesbit



In the Media

CITY EMPLOYEE NEWSLETTER FEATURES VOLUNTEERING WITH ALTRUSA!



Community Connections

id you know volunteering can increase happiness? The London School of Economics found the more people volunteered, the happier they were. Compared with people who never volunteered the odds of being 'very happy' increased by 7% among those who volunteered monthly and 12% for those who volunteered every two to four weeks.

One City employee who has taken volunteerism to heart is municipal court administrator Kimberly Kierce, who joined Altruss Richardson in 2001.

Get to know ... Kimberly Kierce Favorite food – Italian I plan to – Travel the world.

Favorite part of your job – It's the same thing that is never the same.

Hobbies - volunteering, dancing, playing the doumbeck drum, organizing

Where do you volunteer and how did you get involved? Rosic Vela, former finance director, invited me to attend an Altrusa Richardson meeting. I attended meetings the first year before officially joining; it was the best move I ever made. I have served in a variety of leadership roles including as president.

What is Altrusa? The goal of Altrusa is to be a builder of women and leaders. Altrusa is an international nonprofit or ganization, making our local communities better through leaderahip, partnership, and service. The Richardson chapter is the largest in Texas and top two



Kimberly Kierce

in the country with 93 members.

What keeps you volunteering? The good we do in the community. It is easy to get involved and meet new people with Altrusa. The smallest things can make the biggest impact in someone's life so the potential impact is what most motivates me.

What opportunities are available to volunteer? There are several committees within Richardson Altrusa to ensure everyone finds something that interests them and best utilizes their talents.

Upcoming Volunteer Opportunities

 Richardson Adult Literacy Center: Teddy Bear Time – leaders and assistants needed each Tuesday through Nov. 11 at Terrace Elementary. Teddy Bear Time is Richardson Adult Literacy Center's family literacy program, which brings parents and their young children together in a fun, educational setting to model read-alouds and other interactive parent/child educational activities.

 Bingo at Atria Senior Living – Altrusa Richardson needs a caller and a helper on Oct. 8 and Nov. 12 from 6:15 to 7:15 p.m.

 Make a Difference Day - Oct. 25 is designated by Altrusa International as Make a Difference Day.

 Altrusa Richardson Outstanding Women of Today Awards Luncheon
 Friday Oct. 31 at the Hyatt Regency North Dallas at 11:30 a.m.

Ability House – Nov. 8 Altruss Richardson will celebrate Shelley's birthday at Ability House.

For information on Altrusa, contact Gloria Sandoval at 972-495-8930 or gloria.altrusa@verizon.net.

This quarter, employees are encouraged to volunteer at least one hour of their time with a local organization. The best way to volunteer is to match your personality and interests. Contact Taylor Paton at taylor paton@cor.gov or 972-744-4208 for ways to get involved in the community or with area nonprofit organizations, or to be featured in Community Connections.

International Foundation News DISTRICT NINE GIFT: UNPRECEDENTED!

From minutes of the June 20, 2014 Board of Trustees meeting

District Liaison - Conference Summary:

Shawna Kaiser, Altrusa International Foundation coordinator, reported that nine out of fourteen District Liaisons reported back after Conferences. They all provided positive feedback from membership on Foundation programs. A total of \$29,863.22 has been received from Conferences to the Foundation. The final expected is \$35,595.22 – with District Nine bringing in an unprecedented \$15,773.

BOARD ACTIONS

- Approved Leadership Development Committee request to have 20-minute presentation at October business meeting
- Recommended Kitchen Shower for Hope's Door as part of Fall Leadership Event service project, pending agreement by Community Outreach Committee
- Received report from Grants Committee

Altrusa Accent

TASK FORCE TO REVIEW INTERNATIONAL RELATIONS AWARD CRITERIA

According to the Altrusa International website, a Nina Fay Calhoun International Relations Award Task Force was appointed in July 2014. The Chair is Leanne Milligan, and members are Kathy Carmack, Linda Peterson, and Linda Nichols. The charge to the task force is:

It has been noted that the number of award entries for the Dr. Nina Fay Calhoun International Relations Award is significantly lower than that of either Mamie L. Bass Service Award or Letha H. Brown Literacy Award. There is a general concern that the requirements for the Dr. Nina Fay Calhoun International Relations Award are overwhelming for clubs and should be reviewed. The intent in appointing this task force is to review the requirements and make a recommendation on the continuation of or changes to the award requirements. This recommendation is to be presented for consideration at the January 2015 board meeting.

When reviewing the award please consider the following:

- Are there too many International Dates to recognize? Should we leave it wide open what International Dates they observe; such as no longer observing International Literacy day?
- Is having requirements to be informed about the UN onerous? (note: in order to continue to have reps at the UN we MUST prove we share information with our membership)
- Shall we drop from requiring two projects per year (a new and existing) to only one and increase the word limit for the description (thus giving more emphasis on having a project?)
- Shall we remove the requirements to have speakers on International topics?

In the Media

RICHARDSON TODAY

In the September 2014 issue

Tickets on sale for 2014 OWT luncheon



Altrusa International of Richardson Foundation, Inc. will host the 11th Annual Outstanding Women of Today...Builders of Tomorrow luncheon and awards presentation Friday, Oct. 31 at the Hyatt Regency North Dallas/Richardson. Tickets to the luncheon are \$50 per person.

Outstanding Women of Today is an honor bestowed upon women who have excelled in their careers.

Women are nominated for exemplifying determination, innovation, and making an outstanding contribution in their chosen careers. They are recognized and applauded for making a difference for the future of women and providing leadership in their fields. Women are nominated by companies, organizations, and individuals for one of six categories: small business (fewer than 50 employees), education, government, non-profit, corporate, and Outstanding Woman of Tomorrow (under 35 years old in any category). Nominees must live or work in the Dallas metropolitan area.

All nominees and winners are honored at the luncheon and more than 300 community leaders are expected to attend. Check-in is at 11:30 a.m. and the luncheon starts promptly at noon. The deadline for reservations is Oct. 10 and tickets may be ordered online at altrusarichardson.com.

Sponsorships

Sponsorships are available for the Outstanding Women of Today Luncheon. For information, visit the club website at altrusarichardson.com.

Contact Janice Swallow at 469-835-8109 or contact@ altrusarichardson.com for general luncheon inquiries.

District Nine News

PHOTOS BY DISTRICT NINE CONFERENCE PHOTOGRAPHER HAVE ARRIVED!



(above) Richardson Altrusans, all dressed up for the Saturday night Governor's Banquet, show off the awards we won at the 2014 District Nine Conference in Austin.

(at right) **Pam Johnson**, Altrusa Richardson 2013-2014 President, looking lovely and presidential in the Dignitary Processional preceding the Banquet.





Special Report

UNITED NATIONS DAY IS OCTOBER 24

Altrusa Tidings

By Jane Tucker, International Relations Committee Co-Chair

Every year, the United Nations marks its anniversary on October 24 through numerous celebrations around the world. In 1948, the United Nations General Assembly first observed October 24 as United Nations Day to celebrate the anniversary of the Charter of the United Nations in 1945. Then, in 1971, the United Nations General Assembly adopted a further resolution declaring that United Nations Day be an international day of observance among the United Nations member states.

As a United Nations public holiday, the day is marked by activities to acknowledge the aims and achievements of the United Nations Organization. Among its achievements, the United Nations has created many specialized agencies, including the World Health Organization (WHO), the Food and Agricultural Organization (FAO), the United Nations Educational, Scientific and Cultural Organization (UNESCO), the United Nations Children's Fund (UNICEF), the International Labor Organization (ILO), the United Nations High Commissioner for Refugees (UNHCR) and the United Nations Human Rights Council (UNHRC).

In the words of Secretary-General Ban Ki-moon, "This year again, we saw the United Nations come together on armed conflict, human rights, the environment and many other issues. We continue to show what collective action can do. We can do even more. In a world that is more connected, we must be more united. On United Nations Day, let us pledge to live up to our founding ideals and work together for peace, development and human rights."



Special Report

WORLD FOOD DAY IS OCTOBER 16

By Jane Tucker, International Relations Committee Co-Chair

In 1945, representatives of 42 countries met in Quebec, Canada, to create the Food and Agriculture Organization of the United Nations; the occasion has been celebrated annually as World Food Day on October 16.

The purpose of World Food Day is to focus attention on agricultural food production and to stimulate awareness of the problems of hunger in the world. The 2014 World Food



Day theme is "Family Farming: Feeding the world, caring for the earth."

The Food and Agricultural Organization estimates that there are 803 million hungry people in the world. An estimated 26% of the world's children are stunted due to malnutrition and 2 billion people suffer from one or more micronutrient deficiencies. This is why the United Nations supports the family farmer as a means to improve food productivity, reduce food loss, and increase the farmer's income. With over 98% of farms in the world being family farms, the United Nations supporting the world's family farms is a means for developing sustainable food resources for today's society, and for tomorrow's as well.

Club Calendar October 2014

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|-------------------------------------|--|--|--|--|--|
| | | | 1 | 2 Business Meeting | 3 | 4 |
| 5 | 6 | 7 EDUCATION: Teddy Bear Time Barbara O'Dell bday | 8 SENIORS: Atria Bingo OWT Committee Meeting | 9 Gerry Carron bday | 10 | 11 Sue McElveen bday |
| 12 | 13 | 14 EDUCATION: Teddy Bear Time SENIORS: Appletree Court Auction | 15 | 16 Dinner Meeting | 17 | 18 |
| 19 | 20 TIDINGS deadline | 21 EDUCATION: Teddy Bear Time | 22 | 23 Board Meeting Brenda Moreland bday | 24 | 25 SOPHOMORE SISTERS: Make a Difference Day |
| 26 OUTREACH: CACCC Teddy Bear Ride | 27 RETENTION: AWCLS Book Club | 28 EDUCATION: Teddy Bear Time | 29 | 30 | 31 Outstanding Women of Today Awards Luncheon | |

Business Meetings, 7 PM, 1st Thursday, Clubhouse at the Richardson Woman's Club; optional dinner afterwards at Besa's in Garland

Dinner/Program meetings, 7PM, 3rd Thursday, Founders Hall at the Richardson Woman's Club (social time at 6:30)

Board meetings, 7 PM, 4th Thursday, Friends Place Adult Day Services

Events on this page are copied from our website. See event listings at www.altrusarichardson.com for details of time and place.

If you choose, you may bring a gift (worth about \$5) to the dinner meeting in the month of your birthday. There will be an opportunity to put our names in a drawing (only \$1 per chance!) to win a birthday gift. Proceeds are used for our administration budget.

Altrusa International of Richardson, Inc. P.O. Box 832101 Richardson, TX 75083

Carolyn Swanson, Newsletter Editor contact@altrusarichardson.com www.altrusarichardson.com

LOG IN to www.altrusarichardson.com, and the website will recognize you as a member. It will show you "member only" information such as Committee Announcements and Member Only Events, and will let you easily register for all events.

(As you log in, put a check mark in the Remember Me box to make subsequent visits easier!)