



August, 2017

**LIVE FROM  
INTERNATIONAL  
CONVENTION,  
NASHVILLE, TN 2017**

What a blast! This will not be my convention report, but just a glimpse of what is to come. We had so much fun giving away our Kindness Ninja pins. We have almost given everyone at the convention one of our pins. It has become THE take away remembrance for many of our Altrusa sisters from around the world. Many Altrusans have asked about starting a similar program in their club.

There will be reports from all the delegates in our next edition of TIDINGS. We will report on the Keynote Speakers, workshops, business sessions, highlights of our evening adventures, pictures and other tales of our 100 year celebration. My advice to each of you, start now putting a little money back each month and plan to attend the next convention which will be held in Reno, NV in 2019.

There have been great reports about the July Dinner Meeting. I am so glad it was inspiring to those that attended. I understand many of you want to visit Café Momentum, so sign me up.

In other news, congrats go out to our Retention Committee for all the work they have been doing this summer to keep everyone engaged and active. Keep up the good work and everyone please sign up now for the Area 51 Party after the August Business Meeting. If you have any weird looking headgear to wear, all the better. This is to honor our Sophomore Sisters.

Also, a shout out to the OWT Committee. They are doing extraordinary work toward a wonderful event

in October. We have 22 nominees, and after reading their bios, what a fantastic group of women we will be honoring at our luncheon. I want to encourage all Altrusans to attend. This is a great chance to introduce someone to Altrusa Richardson. Think about inviting a friend, neighbor, relative or perhaps someone you work with, to join you at this great event.

See you soon!

*Sue McElveen*, President, 2017-18  
[suemcelveen@yahoo.com](mailto:suemcelveen@yahoo.com)



### Upcoming Events:

See online calendar for event details, location, and sign-up at <http://altrusarichardson.com>

July 30	UN Int'l Day of Friendship
Aug 3	Retention Committee (6p)
Aug 3	Monthly Business Meeting (7p)
Aug 3	Area 51 Retention Event (8p)
Aug 5	Ability House – Robert's Bday (1:30p)
Aug 7	SENIORS – Twin Rivers Bingo (6:30p)
Aug 9	SENIORS – Atria Bingo - (6p)
Aug 12	UN Int'l Youth Day
Aug 17	Dinner/Program Mtg (6:30p)
Aug 19	UN World Humanitarian Day
Aug 23	Lunch Bunch, Kathy's Choice – (11:30am)
Aug 28	AWCLS (Book Club) – 6pm

## July Dinner Meeting

### Café Momentum Supports At-Risk Youth

By Kay George, Program Committee Chair

Several months ago, our president, Sue McElveen, along with her husband Jerry, and a few of their friends, had dinner at Café Momentum. She was very impressed, and being an inquisitive sort, Sue asked several questions about the Café and its mission.

As a 501(c)(3) nonprofit restaurant, Café Momentum teaches critical skills that allow youth to apply what they have been taught in pre-release programs in a safe, real-world environment of nurturing accountability. By participating in our program, at-risk young men and women rotate through every aspect of the restaurant from waiting tables to washing dishes, while working side-by-side with established chefs.

Café Momentum, working in collaboration with the Dallas County Juvenile Justice Department, strives to teach young adolescent men and women that it is possible to break the cycle of violence and crime that many of these teens have faced.

They focus on creating environments for these youth where they can gain self-confidence and learn marketable skills to ensure a more successful future.



When it was time to plan the dinner programs for this year, Sue knew that she wanted to include a speaker from the Café who would share the story and purpose.

We were so fortunate that Joshua Boyce, Case Manager, was free to speak to us. Joshua spearheads the mental health component that's now part of the organization's 12-month internship, and provides a host of enrichment programs throughout the summer. Joshua has a Master of Science in Counseling Psychology from Tennessee State University, along with a Bachelor of Arts in Psychology from The University of Texas at Arlington. He's worked with youthful offenders for the past four years and truly lives in the passion of working with young people across the board!



Joshua Boyce, Case Manager Café Momentum, Kay George, Café Momentum client, Sarah Nesbit



### Membership Recruitment Update

#### Membership Recruitment Committee Plans Fun Year for All

Bobbi Klein – Recruitment Committee Co-Chair

In keeping with our president's theme of Embrace The World, our first new member initiation is tentatively planned for September 7, with the same theme.

Plan to attend, AND BRING A GUEST to our unique Fall Orientation & Add An Altrusan Event on October. All OWT nominees will be invited as Honored Guests.

Plans for our "Texas Holiday Party", on December 21 are well on the way. "Patsy Cline" has already confirmed that she will entertain us and lead a holiday Sing Along. More information will be available soon.

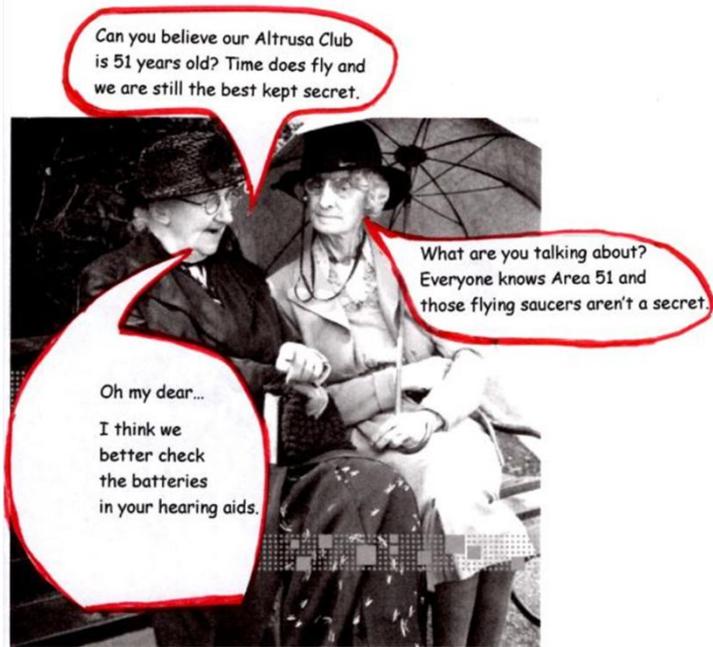
Please add the events below on your calendar.

#### Recruitment Committee Calendar (subject to modification)

- 2017 **September 7:** Initiation (if needed)
- October 14:** Fall Orientation & Add An Altrusan Event
- December 7:** Initiation (if needed)
- December 21:** Host Holiday Party "A Texas Holiday" Theme
- 2018 **February 1:** Initiation (if needed)
- February 15:** Host Birthday Party with Retention
- February 24:** Spring Orientation
- April 11:** Add An Altrusan Event with Retention
- May 3:** Initiations/ Promotion to Sophomore Sisters

*Retention Event*  
**Extraterrestrial Party!**

by Laura Trainor-Collins, Retention Co-Chair



In Honor of our Sophomore Sisters and to continue celebrating Altrusa of Richardson's Fifty First Birthday, the Retention Committee is inviting you to an "out of this world" extraterrestrial Area 51 party at Besa's Restaurant after the August 3<sup>rd</sup> Business Meeting. Cost is \$8. Salad, Pizza, Soda and Tip included. Wine and Dessert will be provided. There will be fun prizes.

So, join us and get your ET on and get to know some of our new members. Pull out your finest antennae, foil hats and ET paraphernalia. Register for the Area 51 Event on the club website by August 2<sup>nd</sup>.



**Altrusa Grant Applications Now Open**

by Cindy McIntyre

Applications are now being accepted for grants to qualifying IRS area non-profits. Grants typically range from \$500 - \$1500. Monies must be used for a specific project benefitting the community and disbursed no later than May 31, 2018 unless otherwise reported.

A fillable application form is available on the club web site at [www.altrusarichardson.com](http://www.altrusarichardson.com). Deadline for submission is close of business on August 31, 2017. Decisions on funding will be made in the fall and all

applicants will receive notification of results prior to October 31, 2017.

If you know of a organization who would be interested in applying for one of our grants, please contact them and direct them to our web site.

If you need more information about the grant submission process, please contact Janet Vance at [janetlvance@gmail.com](mailto:janetlvance@gmail.com).



*Retention Committee Update*

**Annual Book Swap**

By Laura Trainor-Collins, Co-Chair

Our wonderful Cindy McIntyre has agreed to host the Annual Book Swap party at her home on Saturday, September 16, 2017 from 6 to 8pm. Chili dogs, salads, chips, desserts and soft drinks will be provided. If you care to bring some wine to share. Please register your attendance on the club website. Bring your books to swap with each other and any extra books will be used in club service projects. Feel free to bring a guest, spouse, potential member, etc. to this fun event.



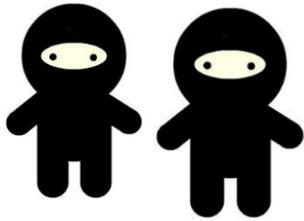
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**August Dinner/Program Meeting**

August 17, 6:30 pm

Our guest speaker at the August meeting will be Chris Henger, Executive Director for Twin Rivers Assisted Living and Memory Care. He will be discussing "Our Aging Population and Community Resources Available". Please reserve online by the Monday before the meeting. We look forward to a wonderful social/dinner time and an informative program!

## Membership Retention Committee Secret Kindness Ninjas!



The Membership Retention Committee is inviting all the Richardson Altrusans to be part of the Secret Kindness Ninja program. This is an opportunity to care, encourage and get to know another Altrusan. You can send notes, cards and even leave little gifts (less than \$5) in the Ninja box before the club meetings and Retention members will deliver for you. Please put the members name on each item. Gift giving and receiving is fun and rewarding but it is the love behind the gift that matters most. Try to do something once a month and make an effort to get to know more about her but make sure and keep it a secret. We will have a Secret Ninja reveal in April. If you would like to participate please fill out the form and return to Laura Trainor-Collins or Karen Tate at the July 20, 2017 dinner meeting. If you are emailing this form please return to Karen at [156holley@gmail.com](mailto:156holley@gmail.com) (new email) by July 31, 2017. The form is also available on our club website.

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### 2017 Convention - Nashville, TN Keep an Eye Out For a Special Edition of Tidings!

2017 marks the 100<sup>th</sup> Anniversary for Altrusa International, Inc. and the Centennial Convention was held July 21-24, 2017. Many of our Richardson Altrusans attended this amazing event. We will have a special edition of Tidings that shares important international information as well as fun pictures and articles from this very important event. Stay Tuned for a publication in mid August!

### Senior Committee Update Friends Place Pillow Project

By Lynn Solomon, Senior Committee Co-Chair

On July 12, 2017, Altrusans presented Pam Johnson and our “friends” at Friends Place with several large boxes of fiber fill used in their pillow project. Since opening in 2005, several ladies that attend Friends Place have enjoyed making special pillows that are donated to patients in two of the hospitals in Plano. These women, much like each of us, greatly benefit personally from the opportunity to be of service to our community.

Our special thanks to Seniors Committee member, Carol Ruskowski, for gathering coupons and purchasing the fiber fill. And, thanks to such a successful OWT, we were able to donate twice the amount of fiber fill as we did last year!



pictured left to right are: Pam Johnson, Jane Tucker, Lynn Solomon, Sue McElveen, Toni Garrett, and Carol Ruskowski is behind the banner! Others pictured are Friends Place pillow project participants.

## **PLAN AHEAD RETENTION EVENT**



### **THE DALLAS WOMAN'S FORUM 2017 HOLIDAY EUROPEAN TEA ROOM**

**DECEMBER 9, 2017 AT 12:00 NOON**

at Alexander Mansion Located at 4607 Ross Avenue  
Dallas, Texas, 75204

Capture the joy of the holidays with an afternoon tea, enjoy the historic C.H. Alexander Mansion when it is transformed into a tearoom with elegant decorations, sweets and treats, tea and sparkling champagne. This is a lovely event and perfect for daughters, granddaughters, friends and family. Proceeds benefit Birdie Alexander Elementary School, Landauer Child Care, Alley's House and The Alexander Mansion. \$20 of the ticket is tax deductible.

**CATERED BY THE CHOCOLATE ANGEL, TICKETS \$50  
(TEA, CHAMPAGNE, & GRATUITY INCLUDED)**

WE HAVE 50 TICKETS RESERVED FOR OUR CLUB. ALTRUSANS PLEASE SIGN UP ON THE CLUB WEBSITE, INCLUDE YOUR GUESTS AND GIVE YOUR CHECK, MADE PAYABLE TO THE DALLAS WOMAN'S FORUM, TO LAURA TRAINOR-COLLINS. THE DEADLINE IS JULY 31, 2017. THE MANSION OPENS AT 11AM FOR SHOPPING WITH THE VENDORS ON THE SECOND FLOOR OR YOU CAN TAKE A MANSION TOUR.