

Altrusa Tidings eNEWS

Membership Special Edition April 2018



Altrusa Richardson is proud to welcome and introduce our newest members whose friendship, talents, and passions will enhance our club - Leading to a Better Community!

The following members joined our club this winter. They are wonderful additions to our club.



Sebreana Bohnsack was born and raised in San Augustine, Texas-"the Piney Woods of deep East Texas". Sebreana has worked for Blue Cross Blue Shield of Texas for 11 years. Currently she is Manager of Occupational Health Services (Human Resources). She is a Licensed Professional Counselor and worked in the foster care system for nearly 20 years before changing careers to work at BCBSTX. She held a variety of roles including counselor, consultant and program director.

Sebreana loves to read...everything! Her favorite book is "The Sparrow" by Mary Doria Russell. She also enjoys art and painting with acrylics and has taken up astronomy. She has many loves- Mexican food, strawberry cake, pugs and travel to warm climates like Hawaii.

Volunteering is also a favorite pastime of Sebreana's, especially any literacy activity with children or adults. She is on the Richardson Reads One Book Board, the Friends of the Richardson Library Board and the Network of Community Ministries Board. Sebreana was the 2017 Volunteer of the Year at Blue Cross which gives her a huge platform to encourage folks to volunteer and invite ladies to join Altrusa of Richardson. Sebreana is a returning Altrusan, who originally joined Altrusa in 2007. Altrusa enables her to give back to the community while spending time with great friends!



Liu Lishan was born and raised in Guangdong province, in the southern part of China. Her parents were not a fans of the one-child-policy in China; she was brought up with 3 younger siblings. In 2008, Liu came to Texas for a college education. She attended Dallas Baptist University. Liu feels that the most important thing she discovered during college was her faith, or rather God found her.

Currently Liu is a Financial Advisor with TKC Wealth Management. Prior to that she worked as a Project Manager in design & manufacturing industry for 4 years. She enjoys old black & white movies and has collected movies of Fred & Ginger, James Stewart, Cary Grant, and Katharine Hepburn. She loves vintage and distressed styles. 2017 was an exciting year for Liu- she got married and became involved with a church.

Liu's busy life schedule somehow aroused her passion to do more and serve more. Through the 2017 OWT event, she came to know Gloria Sandoval and Betty Bruce. Liu was impressed with the Altrusa organization, how the club gives back to the community and how the members support each other. She joined Altrusa to become a better version of herself through helping others.



Kathryn Yates is a native Texan, born and raised in Wichita Falls. She received her B.A. and M.A. degrees from Midwestern State University. Kathryn also has graduate hours from UNT and Indiana State University. Kathryn has taught American Government in the Dallas County Community College District (DCCCD) for over 50 years- first at El Centro when it opened up in 1966 and then at Richland when it opened in 1972. She has always been fascinated by our political system and has worked in numerous campaigns through the years. Her dream is to get every eligible voter to actually vote.

Two of her great loves are her gorgeous gray poodle named Layla and traveling around the globe. Two years ago, Kathryn went to Turkey with a group and last year to Aix-en-Provence, France. Her next trip will be to visit a friend in Bergamo, near Milan Italy. Kathryn enjoys most kinds of food primarily because she has tasted them in their native lands. She loves to read especially about history, politics, and mysteries

Check out our next Special Edition when we introduce more members.

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