



President's Message

As we welcome spring and warmer days, we also must take time to celebrate our club and all of the wonderful things that we have done for our community this past year. There are so many residents who lack the basics such as food, clothing, and medical needs, and our club has generously come forth to help provide for those less fortunate than ourselves. We donated coats, food, and other necessities to Network and the other agencies that we serve. By donating books to District Nine's Read to Lead and Lead to Read, we have helped so many to explore possibilities that once seemed unattainable. And, at this April's monthly club meeting, we have an opportunity to welcome our scholarship recipients and congratulate them for their achievements and their leadership in their schools and the community. The scholarship committee has had the arduous task of reading each application and then making a determination of the ones who have made the largest accomplishments as well as showing future leadership skills. We look forward to meeting these young people and hearing them speak.

Speaking of leadership skills, kudos go to the Kindness Committee who have once again put together our annual KAN weekend. We will be packaging kits for Days for Girls which we do in sync with District Nine and International. This project helps to provide for girls who lack the necessities that would allow them to continue with their everyday activities during their monthly cycles rather than being subjected to harsh punitive archaic customs such as being shunned and shuttered away. This project helps to change the world for these women. The Community Outreach committee will also have tables set up where emergency sacks of food will be put together for RISD children who need a quick snack as well as sacks for the Network Food Truck. The Membership Committee will have tables set up where we can write notes of encouragement to some of our Altrusa sisters who have been unable to come to meetings due to illness, etc. Finally, the Kindness Committee will be packaging medical kits for our homeless vets in the area. Please make plans to attend this very important event. We will also be giving out the smiles and hugs that we have missed out on during the past two years.

I also want to remind members that we are coming up on the year's end and your volunteer hours are of utmost importance to show the work that our club has done throughout the year. If you haven't recorded your hours, please go on the Altrusa Richardson web site and input those hours. This is one way that we can show to the community the value of what we do.

Finally, with much excitement, we look forward to attending Altrusa District Nine's Rise and Shine Conference in

Georgetown that takes place at the end of the month. Hopefully everyone has registered and reserved their hotel rooms by now. Our Governor Mary Black Pearson and the conference committee have worked hard to make this conference fun as well as provide inspirational speakers and informational sessions. If you haven't registered, you still have some time to do so, but you need to do it soon. I encourage all of our members to attend, and while there we will be showing our support to our own Kim Kierce as she makes her way up the chain to become our future District Nine Governor.

Again, thank you to all of our club members for your hard work. We really have some wonderful Altrusans, and I just want to recognize all of our club members for the wonderful things that we do, and the wonderful women that we are.

CONFERENCE

RISE AND SHINE WITH DISTRICT NINE!

April 29 – May 1, 2022

Registration is still open!

The deadline is April 15th

How long since you've gone to Conference? Remember all the fun we have? Don't miss it!

\$295 until 3/31/22

\$325 through 4/15/22

COMING EVENTS

Apr 1		March Volunteer Hours Due
Apr 2	9:00 am	Kindness/KAN Weekend Friend's Place
Apr 7	11:30 am	Lunch Bunch Mena's Tex Mex
Apr 14	6:30 pm	Board of Director's Friend's Place
Apr 21	6:30 pm	Monthly meeting Founders Hall
Apr 25	6-7:30 pm	AWCLS – Book Club Christine Hart's home
Apr 29-May 1		CONFERENCE
Apr 30	1:00 pm	Nina's Birthday at Ability House 615 Woodhaven, Richardson

BIRTHDAYS

April 8 - Sherri White
April 9 – Susan Frensley
April 27 – Judy Blome
April 27 – Carol Ruskowski



KAN WEEKEND!!

Kindness Action Ninja Weekend – aka "KAN" Weekend

April 2nd 9 a.m. – 12 p.m.

Friends Place

Snacks and Beverages will be provided

Come demonstrate the Kindness Action Ninja mindset of Richardson Altrusans by helping with the following:

- International Committee - Packaging kits for Days for Girls – an ongoing effort to help countries that do not have or supply these.
- Kindness Committee - Packing Easter style baskets filled with personal items for women rescued from trafficking by New Friends New Life.
- Community Outreach Committee - Putting together after school snacks for RISD kids and the Network Food Truck.
- Membership Committee – hosting a table where Altrusans can write notes to some of our sisters who have not been attending meetings due to the pandemic or illness.
- Kindness Committee – packaging medical kits for our homeless veterans in the area.
- Kindness Committee - Packaging personal care items for women veterans.

Mother's Day Tea

Have you ever helped with Mother's Day Tea? Friends Place does so much for us. This is a chance to pay back! Volunteer to help set up, serve or clean up – or all three! You can make your selections as you register on our website.

May 6, 2022

Set up: 11 am to Noon

Serve: Noon to 1:00 pm

Clean up: 1:00 to 2:00 pm

LUNCH BUNCH

Mena's TexMex Grill

April 7, 2022 at 11:30 am

Corner of Campbell Road and Central
behind the Chase Bank in Eastside

Some Bunny Loves You

The Alzheimer's Association uses June 21, the day of the year that has the most light, to host fundraisers across the country to raise money to support not only Alzheimer's research but also give support to those affected by this disease. Fundraisers are not only occurring just on June 21st – but the kick-off for this fundraiser was in January. Our senior's committee liked Friends Place idea of selling "Some Bunny Loves You" wreaths as a Longest Day fundraiser so they decided to have these wreaths available for purchase at our March 17th meeting. Members bought wreaths for not only for themselves but bought wreaths and donated them to residents at Appletree Assisted Living. On Tuesday March 22, Community Outreach co-chairs Deb Bourland and Gloria Sandoval, as well as we Senior's Committee Chair Lynn Solomon, and committee member Jane Tucker presented Cindy Bostick, Appletree Activity Director with 14 wreaths. They were so "hoppy" to receive them! Our Altrusa contribution raised over \$440 for the Alzheimer's Association and will bring joy to many seniors.



Gloria Sandoval, Deb Bourland, Cindy Bostick, Jane Tucker and Lynn Solomon



Terri Morgan, Rose Daughety, Jane Tucker, Samantha Slaight, Lynn Solomon, Alma Benoit

Annual Scholarship Dinner Meeting

Join us as we celebrate our 2022 Scholarship Recipients with a special **Scholarship Awards Dinner**
Social Time: 6:00 pm

Meeting & Dinner Begins: 6:30 pm

The Agenda and Meeting Minutes for approval will be posted / published prior to the meeting.

Cost \$38/pp

Registration Deadline: April 14, 2022.

Advanced Payment required to attend.

Richardson Public Library Lone Star Book Rotation

Community Outreach Seniors Project

On March 26, 2022, four Altrusans and three members of the Richardson Exchange Club, volunteered to help with the Richardson Public Library Book Rotation project. This project involves taking large print books on a rotation basis to several participating assisted and non-assisted living facilities in Richardson. Altrusans participating in this event were: Ginger Tonne, Carol Ruskowski, Robbin Murley and Lynn Solomon.



Robbin, Carol, Ginger and Lynn
Accompanied by men of the Exchange Club,
who do the heavy lifting

CHOOSE KIND LIBRARIES

Altrusans Continue our campaign for kindness – and literacy – by opening Choose Kinds Libraries throughout the City.



Sergio Arzac at Yale Elementary



LaLinda Mirsky at Wallace Elementary

I am so excited to share the addition of our Choose Kind Library in our Library. We are very thankful to the Altrusa International of Richardson Foundation, Inc. for their generous \$500 donation that enabled the purchase of books which promote kindness, empathy, friendship, and anti-bullying. This special collection has been added to our permanent collection and is available for immediate use in our Library. Thank you,

Caroline Ritzer, MLS - RISD Academy

