



President's Message



It has been an exciting month as the last details of our annual Outstanding Women of Today luncheon/fundraiser have been put into place. There have been so many dedicated, hardworking, creative Altrusans working together for

this one event that supports every project that we do throughout the year.

This year's *Sophomore Sisters* have sponsored a table at the event along with their ambitious projects for Make a Difference Day. We have some very active new members and are proud of every one of them,

Richardson Reads One Book was record breaking and outstanding. It was sold out at 1200 tickets. They actually let more people in without tickets after everyone was seated since there was some room. Shelby Van Pelt did not disappoint.

The following day there were approximately 250 at the luncheon at UTD and it ran smoothly. Altrusa was recognized as a sponsor at both events.

As I write this we are preparing to have Celeste Mergen, founder of **Days for Girls** speak at our meeting and several guests are expected. It should be an excellent evening.

(see photos right)

We have many opportunities to get together with our Altrusa sisters in a variety of service projects that are coming up. Remember to keep inviting friends to our events so they can experience Altrusa in action.

Please wear **Orange** to this month's meeting to show our support for the **UN Elimination of Violence Against Women Day**, as we have since 2008.

"We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty"-
Maya Angelou

Christine Hart

For more information go to the Events page at

altrusarichardson.com

November Events

Nov. 1 *Volunteer Hours due!*

Nov. 1 **Lunch Bunch 11:30 am, Manny's Uptown Mexican**

Nov. 04 **Ability House Shelly's Birthday** (postponed)

Nov. 07 **Appletree Court Fall Auction**

Nov. 08 **Foundation Board Meeting 6:30 pm**

Nov. 09 **Club Board of Director's Meeting**

Nov. 13 **OWT Debrief**

Nov. 16 **Monthly Meeting 6:30 pm Social, 7:00 pm Mtg**

Nov. 20 **Altrusa Bridge 6:30 pm**

Nov. 21 **Leadership Committee 6:00 pm**

Nov. 25 **UN Elimination of Violence Against Women Day**

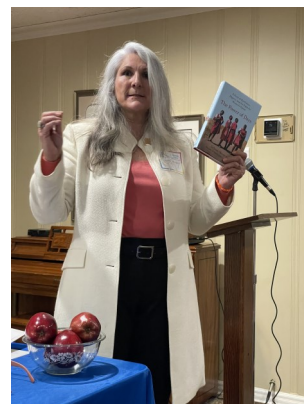
Nov. 27 **Altrusa Wine & Chocolate Society 6:00 pm**



Left: President Christine Hart poses with Days for Girls founder Celeste Mergens.



Above: Celeste Mergens spoke to us at the October meeting about the beginnings of Days for Girls and where they are now. She also thanked us for our support.



Left: Celeste Mergens also read an excerpt from her recently published book.

Kindness Committee Project Report

Fabric for Days for Girls Kits

By Nancy Rohm

A few years ago *Altrusa International* joined forces with "Days for Girls", a safe and washable solution for managing menstruation. DFG pads are delivered around the world in kits put together in a bag. In many countries, females can't go to school or to work if it is their time of the month. These countries don't have landfills or the means to dispose of sanitary products as is done in our country. Cloth kits are gifted to the women, enabling them to reduce the many days of lost school or lost work time

What we are collecting is unwanted cotton fabric and cotton flannel fabric. No one needs to buy anything. The leader of the group sewing group told me they make 11 pads from 1 yard of **flannel**. They use the **cotton** fabric to make carry bags - 3 per yard or to make shields -12 per yard. Nothing is wasted; small fabric pieces are used to make quilts for the homeless.

Janie Jaquier has kindly agreed to store the fabric donations until they are picked up. You may bring fabric to a meeting or arrange to take it directly to Janie's house. PLEASE Label the bag you put the fabric in with your name and the number of yards of fabric donated. This way we can track the participation and the financial impact of our project.

If you don't sew, ask around. Someone you know may be a seamstress or a quilter, or perhaps a friend belongs to a quilting group, or your place of worship has a quilting group, or a relative you will see during the holidays will have unneeded fabric. Think out of the box. Who might have fabric they would like to part with?

Kindness Committee Project Report

News From Our Choose Kind Project in the Costa Rica Orphanage

By Jane Tucker

We sent sixty-five books to **Think Kindness** to be taken to an orphanage in Costa Rica. *Jimmy Glick* is currently there on a mission trip to teach the children how to swim. When the children are not in the pool Jimmy reads to them. At the end of the week they will get a book, from our donation, to keep for their own. He promises to send more pictures soon.



Above and Left: Jimmy reading with the children from the orphanage

Foundation Fundraiser

Another Exceptional Outstanding Woman of Today Luncheon



The photo above is all of our thirty wonderful Outstanding Woman Honorees. As every year, there was an exceptional group of women who certainly all deserved this special recognition. Although we do not have final figures yet, we are on track to make a record \$50,000+. We had 275+ attendees, which is also close to a record, I believe. Look for a OWT Special Edition coming soon. *If you have any pictures or observations or comments, please send to me before 11/11 to include in the special edition.* raklein77@yahoo.com.

ALTRUSA INTERNATIONAL NEWS

International Day for the Elimination of Violence against Women **25 November**

Excerpt from UN.org

UNiTE! Activism to End Violence against Women & Girls!



Five years ago, the **#MeToo** movement, founded by activist Tarana Burke in 2006, exploded and sparked global mobilization creating a moment of urgency in preventing and responding to violence against women and girls.

Since then, unprecedented awareness and momentum have been created thanks to the relentless work of grassroots activists, women's human rights defenders and survivor advocates worldwide to prevent and eliminate violence against women and girls.

At the same time, there has been a rise in anti-rights movements, including anti-feminist groups, resulting in shrinking space for civil society, a backlash against women's rights organizations and a rise in attacks against women human rights defenders and activists.

Supporting and investing in strong, autonomous women's rights organizations and feminist movements is key to ending violence against women and girls.

That is why this 2022 theme is [UNiTE! Activism to End Violence against Women & Girls](#).

ABILITY HOUSE COMMITTEE UPDATE
Jane's Birthday AND Halloween!

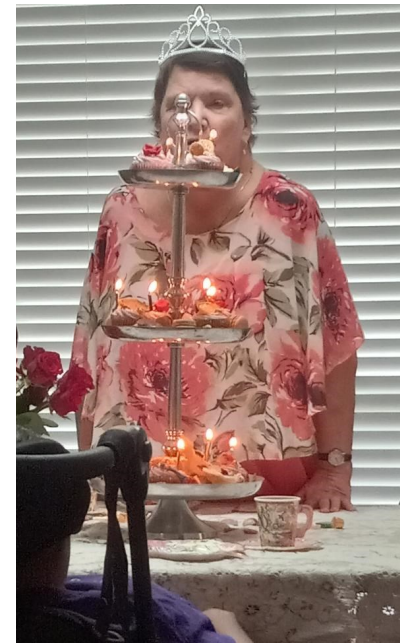
By Bobbi Klein, editor

October 27 was a busy day at **Ability House!** First we had a lovely *Alice in Wonderland Birthday Tea Party* for Jane, the newest resident. She is mobile and speaks and understands very well and is a help taking care of Crystal, who was born blind.

Then after the tea party we shifted gears into Halloween party mode. There was a "undead" game of *Halloween Jingo*, with prizes and everyone was a winner. Then we had a Reverse Trick or Treat and gave the residents some treats, toys and a Halloween coloring books with crayons.



Jane poses with her special Wonderland tea tidbits



Jane blows out ALL the candles Good Job!



Jane (center) is getting impatient for her party to start. Kathleen (left) is behind the red roses. Rosemary counsels Jane and Crystal (right), That's Vera with her back to the photographer.



Above front row L-R: Kathleen, Nina, Vera, Jane--the birthday girl.
Back Row L-R: Rosemary Gouger, Sherri White, Thanh Tan, Kimberly Kierce, Gayle Ingle, Crystal, Bobbi Klein

Right: Robert's birthday was August 4. These were his Noah's Ark cupcakes



DISTRICT NINE

From the News of the Mighty Nineth

From Governor Shirley Raymer's Corner

It is time to make nominations for the 2024 - 2026 District Nine Nominating Committee. Send your nominations to district secretary Mary Powlen by November 1. Please include a brief statement from the person making the nomination, a headshot of the nominee and a statement from the nominee about their past service to Altrusa (club, district and international). The clubs represented on the 2022 - 2024 nominating committee are ineligible (DTD, Dallas, Greenville, SWDC and San Antonio).

Motion Making Parliamentary Style

By Kimberly Kierce



Attending International Convention is a great way to fully educate us as Altrusans. Some topics are more glamorous than others and, this year, I had the pleasure of attending Colleen Duris, International Parliamentarian's presentation "Altrusa International Name that Tune". She created a fun way to educate us about Robert's Rules of Order by using popular rock tunes that relate to parliamentary procedures. How else can you make Parliamentary Procedure entertaining - right?

The workshop touched on proper format and purpose of Agendas and Minutes. But the workshop really focused and highlighted on the ever-so-popular topic of Motions and how to handle all their "fun" nuances. Motions are the only way "business is brought before the assembly" during a meeting. And, if you take anything away from this article, it is this... in order to properly make a motion, the person states "**I move that...**". It is NOT proper to say "~~I motion...~~" or "~~I make a motion...~~" scratch all that... the only way to properly make a motion is to state "**I move that...**".

A Motion must be Verbal or Written and must specifically state the business being presented to the assembly. Another member must second the motion in order for the matter to be brought for discussion by the assembly. The person making the second does not have to agree with the Motion, only that they consent to its discussion/debate. If the Motion does not have a second, then it is not discussed and the meeting proceeds without addressing the topic. If a Motion is made by the direction of the Board or a Committee, no second is needed.

Once a Motion has been made and seconded, the meeting chair re-states the Motion, "**It is moved that...**" and then, debate on the Motion can begin. The Maker of the Motion is entitled to speak first and all members may speak twice to the Motion, but not until all have spoken first. There may be time limit restrictions (typically no more than 2 minutes per speaker). Once discussion concludes or someone "calls the question" (which requires a 2/3 vote in order to stop debate and bring the assembly to immediate vote), the assembly will vote on the Motion. The Chair will announce "**Discussion on the Motion is now closed and I will call for the vote. All those in favor say aye. All opposed say nay.**" The chair may also ask "**Are there any abstentions**". The majority vote wins and the Motion either passes or fails. The Secretary only needs to provide in the minutes, **Member Name moved that.... After discussion, the Motion passed (failed)**. It is not documented who seconded the Motion or the specifics of the discussion. The Secretary or Chair may ask that the maker of the Motion put the motion in writing for purposes of meeting efficiency and clarity in the minutes.

Unanimous consent is a great way to move meetings along when approving routine agenda matters. It is very common to approve Minutes by unanimous consent by the Chair asking "Are there any corrections to the Minutes?" If there are no corrections, the Chair states "**Hearing none, the Minutes are approved as presented.**" If there are corrections and the Secretary has noted said corrections, the chair states "**Are there any more corrections?... Hearing none, the minutes are approved as corrected**". This saves the Secretary from tracking too many Motions. Please do your Secretary a favor and do not make a Motion unless it is absolutely necessary regarding a topic of contested debate (i.e. not routine meeting matters).

Financial reports are not matters for motions or approvals. After financial reports are presented, the Chair asks, "Are there any questions?" If there are questions, they are addressed or clarified. Otherwise, the Chair states "**The Treasurer's report is filed for Audit.**" Financial reports are for transparency review by the membership but not approved by the assembly. They are only "filed for audit" so at the proper time all financial transactions can be properly reviewed by an authorized audit committee or financial professional.