



President's Message

Altrusa...Be the Change. I am so proud of this club for being the butterfly effect. One hour of volunteering in Richardson, TX and many children's lives are positively effected in Ukraine!

The Kindness Committee set up a great, all club service project at Feed My Starving Children. Our one hour shift packed 13,392 meals for children in Ukraine. This is equal to feeding 36 children for a year. What a difference we made in 1 hour of volunteer time! Kindness is also considering doing a shift with our children and grandchildren on a school vacation day. Don't pass this opportunity up when it comes up again! You will be so glad you did. Lunch and social time afterward was enjoyable too, of course.

Ability Connection is the facility where our Ability House friends go for classes, therapy, and daytime activities. This month I was able to go to their new facility's ribbon cutting and tour and see all our friends in their weekday routines. It is exciting to see so much expansion in what the program can now offer. We may be able to do a one-time project there similar to our Warren Center experience. More information to come.

Abbie Kaufman from Network was our speaker last month and September brought Alejandra Isais from RISD as our speaker. We have been getting good feedback from the club members on our speakers this year. Thank you, Gloria, for your work on programs.

Laura Trainor Collins got us all set and registered for North Texas Giving Day. Thank you to everyone who shared the information on social media.

Inventory and storage is going well. I have photographed all the banners and decorations for dinners. We will have a system for borrowing items to aid us in keeping track of it all. We are still looking for the white Altrusa Richardson Logo Table Runner and the table mirrors. Everything else that I know of has been located.

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For more information go to the Events page at

altrusarichardson.com

October Events

Oct. 1 *Volunteer Hours due*

Oct. 16 World Food Day

Oct. 19 Monthly Meeting 6:30 Social

7:00 pm Meeting

Oct. 23 Altrusa Wine & Chocolate Society 6:00 pm

Oct. 27 Outstanding Women of Today Luncheon 11:00 am

Oct. 28 Alzheimers Walk Team 9:00 am

Oct. 28 Hands on Event for Military 10:00 am

Oct. 28 Ability House Jane's Birthday 1:30 pm



Support Your Foundation Because
You Are a Part of Something OUTSTANDING!



**Altrusa International of
Richardson Foundation
Annual Fundraiser**

*19th Annual Outstanding
Women of Today
Hearts of Service Awards Luncheon*

October 27, 2023

DoubleTree Richardson Hotel

1981 N Central Expwy, Richardson

*Sign up to help now,
if you haven't already!*

Check-in **11:00 am** Program Starts at 11:30 am

Registration Deadline: October 6, 2023 at 5 pm

Contact Gloria Sandoval 214-537-1789

or Kathy Stock 214-335-8059

President's Message continued from page 1

Richardson Reads One Book this year: Remarkably Bright Creatures by Shelby Van Pelt was a sell-out.

OWT is coming up fast. We have wonderful sponsors and great raffle items. Our honorees are exceptional. Everyone is doing a fine job and I hope to see you all there.

Christine Hart

President 2023-2024

ABILITY HOUSE UPDATE continued from Aug- Sept

MORE FROM ROBERT'S BIRTHDAY PARTY

August 5

Photos by Alisha Gimbel

Please note: Don't miss the fun at Jane's Birthday party on October 28, 1:30 pm.



Left: Robert just loves celebrating his birthday and is getting ready to blow out the candles.



Right: It seems that the gift of anew T-shirt is a big hit!

KINDNESS COMMITTEE UPDATE Feed My Starving Children Project



L-R: Jean Stuart, Alma Benoit, Bobbi Klein, Susan Frensley, Jerry McElveen, Carol Ruskowski and Christine Hart

Above: If you are having trouble reading the stats behind our group (the second shift on September 9th) packed 62 boxes containing 13,392 meals, that will feed 36 children for a year and only cost \$3,883.68!



Front Row: Daniela and Gerardo Herrera (Bobbi Klein's grandchildren), Alisha Gimbel, Robert

Back Row: Shelly, Vera, Nina, Jane, Crystal, Bobbi Klein, Rosemary Gouger, Sherri White

KINDNESS COMMITTEE UPDATE

International Relations Subcommittee Report

HELPS INTERNATIONAL INTRODUCES OUR

FOURTH SPONSORED GIRL FROM SANTA AVELINA, GUATEMALA

Submitted by Jane Tucker



MY NAME IS

JUANA ZULEIKA TZOY TORRES

GENDER: FEMALE.

AGE: 7 YEARS OLD.

DATE OF BIRTH: MARCH 8, 2016.



ABOUT MY FAMILY:

- ✓ Father's Name: Isaias Tzoy Perez.
- ✓ Father's Occupation: Primary school teacher.
- ✓ Mother's Name: Isabel Torres Rivera.
- ✓ Mother's Occupation: Stay at home mom.
- ✓ Siblings: 0.
- ✓ Child Lives With: Her Parents.



ABOUT MY HOUSE:

- ✓ House description: Blockhouse, tin roof.
- ✓ Construction inside the house: 1 kitchen and 2 bedrooms.
- ✓ Cooking facilities: ONIL stove.
- ✓ Bedrooms: 2.
- ✓ Water source: Piped water.
- ✓ Sanitary facilities: Toilet.
- ✓ Electricity: Yes.



The dominance of Mayan culture within its interior uplands distinguishes the country from its Central American neighbors.

The origin of the name Guatemala is Mayan, but its derivation and meaning are somewhat undetermined. Some hold that the original form was Quauhtemallan (indicating an Aztec rather than a Mayan origin), meaning "land of trees," and others hold that it is derived from Guhatezmalha, meaning "mountain of vomiting water"—referring no doubt to such volcanic eruptions as the one that destroyed Santiago de los Caballeros de Guatemala (modern-day Antigua Guatemala).

MY COMMUNITY Santa Avelina is a community of approximately 600 families, that is located between the mountains, in San Juan Cotzal, 340 kilometers away from Guatemala City. The native language of Santa Avelina is Ixil, The weather is around 70 Fahrenheit over the year, the main economic activity is agriculture

LANGUAGES Guatemala's official language is Spanish, spoken by 93 percent of the population as either the first or second language but twenty-two Mayan languages are spoken plus Xinca and Garífuna, especially in rural areas.

MORE FROM CONFERENCE continued from Aug-Sept

Altrusa International Convention 2023

Conference Report

No Child Sold – Raising Awareness with Ransomed Life

Submitted by Pam Johnson

The keynote speakers at the 2023 Altrusa International Convention were inspiring, entertaining, lively, and informative. But when Susan Burkholder, Director of Community Awareness for Ransomed Life, spoke to us about the number of minors and young adults- over 79,000 just in the state of Texas- who are victims of sex trafficking, the room grew emotionally uncomfortable and quiet.

Many of us were even more shocked to discover that a lot of these victims had been good students from good families, with 40-50% being young males. We learned about common strategies of child predators using technology, gaming sites, and social media to lure in these children and the lies they tell to keep them emotionally “captive”. It was also surprising to learn that many of these young victims are not runaways, as is often assumed, but still live at home. They typically will continue to return home each night and school most days until either they become more deeply enslaved, are rescued, or choose suicide as a way to end their unbearable situation.

The mission of this commendable organization is to create awareness, offer counseling programs for victims and their families, and prevent sex trafficking by providing education about sexual exploitation to parents, guardians, children, schools, youth organizations, and medical professionals.

As Altrusans, we can also use **our** voices to increase awareness. Each of us can support their mission and help prevent these ever-growing numbers of victims of child sex-trafficking by simply going to their web site, www.ransomedlifetexas.org. There we can learn more about the warning signs, and how to protect our youth by reporting anything suspicious...any time...anywhere. Let's have conversations with our families, friends, and others in our community. Let's join the fight to stop this crime.

Altrusa International Convention 2023

Conference Report

Mine for Gems

Submitted by Jean Stuart

'Mine for Gems' was organized by the Service Development Committee of Altrusa International: Karyn Evens, Chair and Scott Tice, Vice Chair. There were presentations from Committee members from Districts One, Three, eight and Nine.

Goals of the Service Development Committee are:

- Post all current service projects on the International website.
- Support local clubs
- Improve communications
- Promote Days for Girls (some clubs thought it was a one-time thing)
- Integrate ASTRA

We are urged to mine the International website for service ideas. The service database is found under Service, and down the page Service Development Committee. Scott Tice will be our liaison to the committee.

Some examples of the service projects are:

- Partner with local optometrist to provide glasses for at-risk kids
- Invite local veterans to a restaurant for breakfast, a raffle, gift cards.
- Working with elementary schools whose libraries are being 'turned over', collecting the books they would be getting rid of. Collecting books at a National Night Out booth.
- Having a service project at every meeting.
- Working with teachers on their wish lists, which they post on Donorschoice.org, where people can purchase those needed items for the teachers. Lots of Plano teachers are using this.
- Comfort kits for battered women with sweat pants and tops, toiletries, etc., in a canvas bag
- PJ's blankets and books for children being removed from their homes.

Visit www.altrusa.org

RAFFLE TICKETS for FABULOUS PRIZES

Altrusa International of Richardson Foundation, Inc.

*Outstanding Women of Today...Builders of Tomorrow
Hearts of Service*

2023 Luncheon and Awards Presentation

Chance Drawing October 27, 2023

(Need not be present to win)

Ready to win?...Contact an Altrusan or visit our website at
<https://altrusarichardson.com/Raffle> to buy your tickets today!

Tickets \$10 each or 3 for \$25

Cash, Check, or Credit Card accepted. Make checks payable to

Altrusa Richardson Foundation, Inc.



1. **Leland's Gold and Diamonds (\$3,985):** Various exquisite jewelry pieces from one of Dallas' leading manufacturers of fine jewelry. Please refer to picture catalogue. Items may be drawn individually or as a set. Sizing adjustment not included. Up to 15 chances to win!
2. **Diamante Cabo San Lucas Getaway (\$2,400):** Up to one week luxury Mexican vacation at an exquisite resort; Enjoy stunning ocean views, expertly designed golf courses, a health and fitness club, pool and spa all available to you. The unit is an Executive Suite with one bedroom that sleeps 4 with a full kitchen. Saturday to Saturday (Week 15 to Week 45 of the year, based on availability and some exclusions apply). **Lodging only, airfare not included.**
3. **Silver Fox Steakhouse - Richardson (\$1,000):** Dinner and wine pairings package for six (6) guests at Richardson's leading prime steakhouse, seafood, and lobster restaurant.
4. **Inflation Bailout (\$500): Visa Gift Card.** Gas prices and grocery bills have you singing the Blues?..Don't worry, we've got you covered!
5. **Stay and Play (\$300): DoubleTree Hotel Richardson** (one night stay including breakfast for two), a pair of **Richardson Symphony Tickets**, and gift certificate to **Desperado's Mexican Restaurant**. Life is good in the local neighborhood.
6. **Times Ten Cellars Private Wine Tasting (\$290):** Enjoy a private wine tasting for ten (10) people
7. **Elizabeth Showers Ring (\$250):** Sterling Silver and Turquoise Maltese Cocktail Ring
8. **Glam Girl (\$150):** Pamper yourself with a **Glamour Nails & Spa** gift certificate, choosing from a full line of available salon services.

